









HOPE HEALING INOUR 35TH YEAR

Annual Report 2022





2022 ANNUAL REPORT

can be celebrated about something borne of loss and tragedy - death of a loved one?

Thirty-five years after the creation of the **Christi Center**, heartbreak and bereavement, sadness and loss did not disappear; grief never does. COVID isolation and its remnants, the rise of overdoses, a backlogged justice system and more contributed to the tsunami of grief engulfing many of our family, friends and neighbors.

In October of 2022, the **Christi Center celebrated our 35th year** of supporting central Texans in grief. This report outlines the good of hope and healing: more people getting help, continued and expanded reach by teleconference, the return of in-person support, and the powerful work and value of skilled staff and volunteers.

THAT we celebrate.



October 26, 2022 Christi Center celebrates 35 years of hope and healing Content

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About Us

Support for any child, teen, or adult who is grieving the death of a loved one ... for as long as needed

MISSION

The Christi Center offers hope after the death of a loved one by providing support networks, community education, and therapeutic activities that are free, peer-based, and ongoing.

CORE VALUES

- Provide grief support at no charge to grieving families for as long as needed.
- Educate and increase community awareness on issues facing the bereaved.
- **Build community partnerships** to better support grieving people.
- Preserve a diverse and sustainable base of volunteer and financial support to ensure that the Center's services will always be available for those in need.

PEER GROUP SUPPORT

The heart of Christi Center's service is peer-based group support, connecting the bereaved with others who have experienced losses of a similar nature. Groups are facilitated by trained volunteers under the direction of clinical staff.

Specialized peer groups and services include support for:

- · Loss of a Spouse/Partner
- Loss of a Child
- Loss to COVID
- Loss to Suicide
- Loss to Overdose
- Loss to Crime
- Pregnancy and Infant Loss
- Mixed Loss
- Teens Group
- Kids Who Care Children's Group
- Children's Individual Counseling

Many Christi Center clients participate in more than one group or service.

IN-PERSON AND ONLINE

In 2020, support via teleconference emerged in response to the COVID lockdown. Using teleconferencing service Zoom, clients were able to participate in group and individual sessions otherwise not possible. While the Christi Center's inperson services are limited to central Texas, online support has attracted clients from other states.

In-person sessions resumed in 2022 and online support remains a part of the Center's service model, conducted weekly for group sessions.

The Center is one of few griefsupport providers in the country to provide counseling via teleconference.

See our calendar/schedule of in-person and online sessions.

Click on the photos to see the galleries. They will open in a browser window.



Holiday remembrance event held to remember and honor loved ones lost



Holiday party for child clients in the Kids Who Care support group



Día De Los Muertos (Day of the Dead) observation celebrating the life of family members passed



Short videos of clients telling their stories



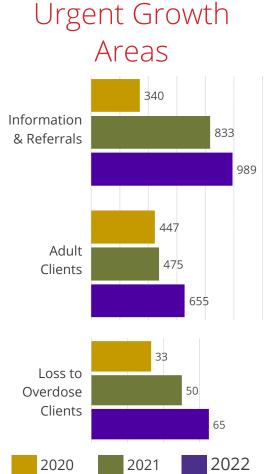


Numbers 2022

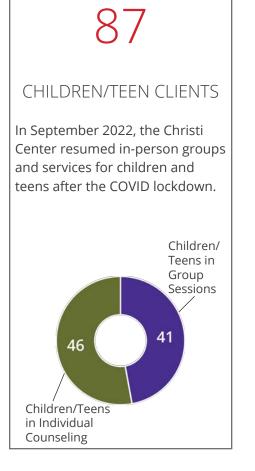
Core Value

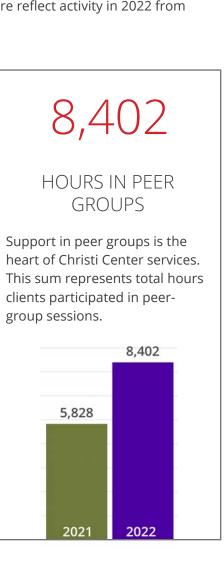
• Provide grief support

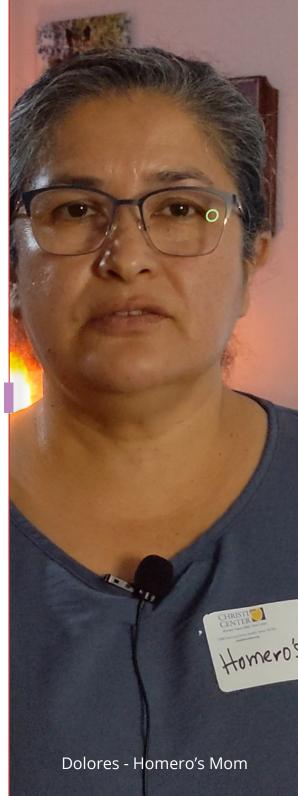
In 2022, the Christi Center resumed "in-person" groups and services after the two-year COVID lockdown. The figures here reflect activity in 2022 from before and after re-opening.













Numbers 2022

Core Value

- Provide grief support
- Educate and increase community awareness
- Build community partnerships

989

INFORMATION AND REFERRALS

A combination of Christi Center staff and trained interns field calls requesting grief support or referrals. After clinical intake and assessment, those seeking assistance are referred to a Center program/group or to appropriate support within the Center or other resources in central Texas.

490

INDIVIDUAL CHILDREN / TEEN COUNSELING SESSIONS

The Center's individual counseling and School Grief Support
Network programs pair trained volunteers (example: retired school counselors) or masters-level counseling or social work interns with a grieving child.

One-hour sessions are conducted in-person or via teleconference.

459

CRIME VICTIMS SERVED

Christi Center support for those grieving a loss to crime includes counseling, crisis intervention, assistance with Crime Victims' Compensation, legal assistance, victim advocacy, and information and referral connecting victims to additional services as needed.

Crime victims served include Christi Center clients and those referred by other agencies or social service providers. 1,121

COMMUNITY PARTNERS TRAINED IN GRIEF SUPPORT

The Christi Centers fosters partnerships with over 100 agencies to better support those in grief. That includes providing training in grief resources and support for individuals and law enforcement, agencies, and organizations.





Click on the play button to see the video

Honoring Susan and Don Cox

years to the day of the founding of the Christi Center, a sold-out crowd of 248 clients, volunteers, community leaders, and other supporters joined to mark the anniversary and to honor founders Susan and Don Cox. Donations garnered were a major factor in the financial stability of the Center in 2022.

Christi Center Board President 2022 Mike Twomey opened with a welcome and presentation of proclamations issued by Travis and Williamson counties, and the cities of Austin and Georgetown. Each read in part:

"WHEREAS, Don and Susan Cox ... have provided selfless commitment, leadership and support so others would find comfort, hope and healing... [We] NOW THEREFORE, proclaim October 26, 2022 as Christi Center Day."

See the proclamations

Executive Director Jennifer Edwards touched on the history and highlights of the past 35 years:

- Origin story of "For The Love Of Christi";
- Development of specialty areas, e.g. Loss of a Child, Loss to Crime, Loss to Suicide;
- Development of programs for children and teens; and
- Crime victim support.

A rousing standing ovation for founders Susan and Don Cox punctuated appreciation for their years of dedication to the Center.

To close, past board president Jeffrey Richard appealed for support, citing the growing need for grief services in central Texas.

Over \$180,000 was raised at the luncheon.

Thenleger so much
for all you do

to help those in

weed!

Read more tribute cards

Celebrating 35 YEARS Sponsors

SUSAN AND DON COX AND SON SEAN

COOK-WALDEN

FUNERAL HOMES & CEMETERIES

WEED-CORLEY-FISH

FUNERAL HOMES & CREMATION SERVICES

Every Detail Remembered Dignity.



CINDY MCCOY

CATHOLIC DIOCESE OF AUSTIN
CHASCO CONSTRUCTORS
DAVE HAMBY
BARBARA SLAUGHTER



Notable in 2022

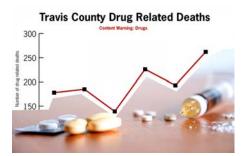


EMERGING FROM PANDEMIC LOCKDOWN

In March 2020, the Christi Center suspended all in-person support due to COVID. In April 2020, Center staff developed online support for groups and individuals via teleconference (Zoom).

With the easing of pandemic precautions, the Center resumed in-person sessions for adults in April 2022.

The current service model includes a hybrid of online and in-person support sessions, unique in grief services nationwide.



RISE OF OVERDOSE / FENTANYL

Travis County saw 199 drug-related overdose deaths in the first six months of 2022 alone. Of those, 118 involved fentanyl - more than in all of 2021.

In 2022, the number of requests for Christi Center support for overdose increased 19% from 2021. The Center fielded aproximately four requests per week seeking support, including many from other parts of the US.

The Christi Center is committed to serving this growing demanding.



CHILDREN AND TEENS COME BACK

After a two-and-a-half year absence due to COVID, the Center's Kids Who Care and teen support groups resumed in-person sessions in September 2022. In addition, the parent and caregiver support group resumed.

Recognizing the increased need, the Center added a full-time children's program coordinator to its staff.

In 2022, 87 children and teens participated.

Photo: Kids Who Care session with therapy dogs from Divine Canines

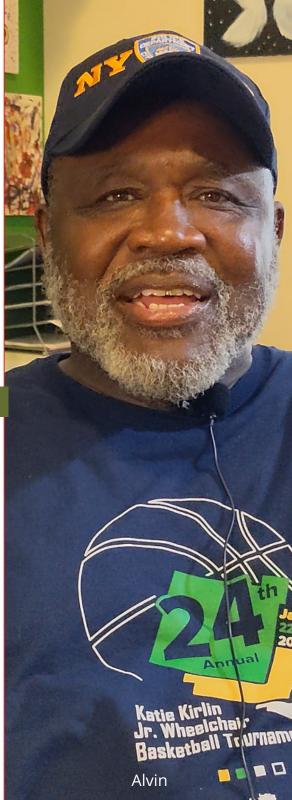


CRIME VICTIM SUPPORT

After the COVID lockdown, criminal trials resumed across Texas in 2022, but a backlog remains.

Referrals from law enforcement agencies and other service providers increased, many related to overdose deaths, with families asking "Will anybody ever be prosecuted?"

Photo: Cathy Collins speaks at National Crime Victim's Rights Week award ceremony, Austin/ Travis County. Seated L-R Travis County Sheriff Sally Hernandez, Travis County DA staff Neva Fernandez, Austin Police Chief Joseph Chacon, Travis County District Attorney Jose Garza. April 2022.





Volunteers

Core Value

• Preserve a diverse and sustainable base of **volunteer** and financial support

VOLUNTEERS: OUR CORE OF SUPPORT

Facilitators

Christi Center's model of support is peer-based with trained volunteers organizing and leading group sessions. Their journey from clients to facilitators make them "zebras of the same stripe". They are, indeed, peers to those in grief.

Interns

Each academic semester, Christi Center services are supported by college interns, most Master's-level students. They lend their knowledge and time in making the Center run, providing counseling and support to clients.

Our Other Volunteers

The Christi Center and its clients owe much to other volunteers who make possible the support provided. Too many to list, these volunteers help maintain our facilities, organize groups, set up sessions and celebrations, serve as board and committee members, and are vital to the operation and success of the Center. We thank them all.

OUR FACILITATORS

Don Cox Susan Cox

Keri Davila

Mary Graf

Leslie Inman

Phyllis Lacey

Beata Liszka

Glenn McIntosh

Flaine Miller

Natalie Perry

Jimmy Shields

Mary Shields

Beverley Shirley

Tansy Silva

Betty Turner-Huf

Deana Ward

Mary Watson

Jim Woodruff

OUR INTERNS 2022

Stacy Bockholt Master's Marriage Couples and Family Therapy Intern

Texas State University

Karen Dyre

Master's Counseling Intern

Texas State University

Meghan French Master's Social Work Intern University of Texas at Austin

Taylor Kall Master's Social Work Intern University of Texas at Austin

Tessa Lancaster Master's Social Work Intern University of Texas at Austin

Carolina Machado Master's Social Work Intern University of Texas at Austin

Kat Malone *Master's Counseling Intern Texas State University* Kelsey Mayes *Master's Social Work Intern Louisiana State University*

Zuleima Melendez Master's Social Work Intern University of Texas at Austin

Kristen Nordeen

Master's Counseling Intern

Texas State University

Diamond Olcott Master's Social Work Intern Tulane University

Carly Sutton

Master's Counseling Intern

Texas Tech University

Molly Young

Master's Marriage Couples and Family

Therapy Intern

St. Edward's University

VALUE OF VOLUNTEER TIME \$29.95 PER HOUR

"Volunteers in the United States hold up the foundation of civil society.

In its newest Value of Volunteer Time report, Independent Sector ... announced on April 18, 2022 that the latest value of a volunteer hour is estimated to be \$29.95, which is a 4.9% increase from 2020 to 2021."

IndependentSector.org

6.608

FACILITATOR AND INTERN IN-KIND VALUE 2022

TOTAL HOURS

In-Kind Value \$197,909



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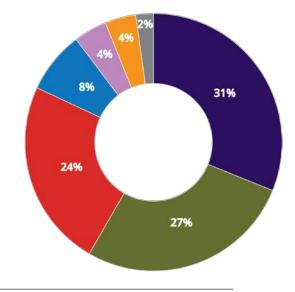


Finances | Core Value Preserve a

• Preserve a diverse and sustainable base of volunteer and financial support

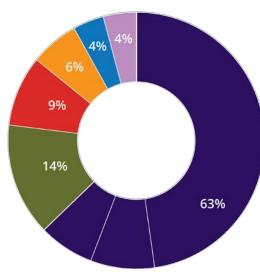
REVENUE





EXPENDITURES





IN-KIND FACILITATOR / INTERN SUPPORT = \$197,909

At the core of the Christi Center business model is the tremendous value of our skilled and compassionate facilitators and clinical intern volunteers. These talented supporters leverage a value of \$197,909 towards our mission.

DEBT FREE

Our headquarters property on Hancock Drive in Austin, Texas is fully owned by the Christi Center. We carry no debt, and this directly contributes to our financial stability and viability as a nonprofit organization.



Hope Healing 2022 - Annual Report



Donors

• Preserve a diverse and sustainable base of volunteer and **financial** support



We are grateful for all donations to the Christi Center which allow us to fulfill our mission of ensuring no one has to grieve alone. We thank every individual, corporation, and foundation for their generosity.

A heartfelt thank you to all our donors who wished to remain anonymous.

Every effort has been made to please email Executive Director lennifer Edwards at

\$40,000 AND ABOVE

Don and Susan Cox Nancy and Nyle Maxwell Family State of Texas - Office of the Attorney General **Travis County** Crime Victims Services

\$20.000 - \$39.999

Georgetown Health Foundation

\$10,000 - \$19,999

Estate of Flora DeHart Donald D. Hammill Foundation Dr. Kevin Hull Richard P. Slaughter Associates Joe and Jackie Stafford

\$5,000 - \$9,999

The following donors contributed financial gifts of \$1,000 or more in 2022.

Allsup Family Giving Fund Tom Bentley and Carol Rylander Alan and Barbara Cox The Dallas Foundation Daveco Renovation Solutions Jeri Deangelis Dignity Memorial **Emerson Charitable Trust** Cara Fox Brian and Theresa Golde Dave and Teri Hamby Debby Krueger Cindy McCoy McCoy's Building Supply Cheyne C Pace Trust Kenneth and Colleen Tillman Ray Lowell and Nancy Reed Barbara Slaughter Michael and Mary Twomey

\$1.000 - \$4.999

Michael and Loyce Allen Arnold Foundation Austin Illuminations Austin Renovations/John Ward Michael Baseluos Thomas and Stacy Bockholt **Bright Funds Foundation Janet Brown** Travis Buchanan Catholic Diocese of Austin Chasco Constructors Cliff and Chris Collier Gregory K. Crouch Charitable Fund loe and Sharla DeMedeiros Lynne Dodge Bob and Kathy Donnelly George and Molly Drazic Tony and Sherry Eades Efficient AC. Electric & Plumbing Empresa Pro Solutions David and Melinda Flores

Pascal D. Forgione, Ir., Ph.D.

and Kaye Forgione

Randy Frazier, Ph.D. and Patricia Stuart, Ph.D. Alan Garcia Iane Gault Grant Gee Peter and Flizabeth Golde Tom Green & Company Tom and Heidi Green Dianna Groves Kate Hamlin Elliott and Kaitlin Hendrix Steve Hicks Timothy Joseph and Mary Lou Dupuis David and Karen lumonville Keepin' the Books Bookkeeping Ken and Julie Kirk Dave Knapp Bill and Donna Knox lim and Mali Letchworth Stephen and Nora Maxwell Kyle and Renee McFather John McKinnerney

Charles Moore

Iohn and Barbara Price Dave and Judi Proctor Jeffrey and Naomi Richard David Schroeder Laurie Shanblum Reid and Cindy Sharp Shepherd of the Hills Christian Church Jimmy and Mary Shields Brooks and Kirsten Slaughter DeAnn Smith Christi Tennison Kevin Terrazas Vince and Suzanne Torres Garry and Deborah Vacek Nick Voinis Katherine Von Alt David Waller **Iulie Watkins** Robert Wehrmeister R.O. Williams Justin Wright and Rae Lynn Ortega Samer and Sandy Zabaneh

ensure accuracy of this list. If you feel there is an omission or error, Jennifer@ChristiCenter.org.

Emily S. Zipp



How To Help

Core Value

• Preserve a diverse and sustainable base of volunteer and **financial** support

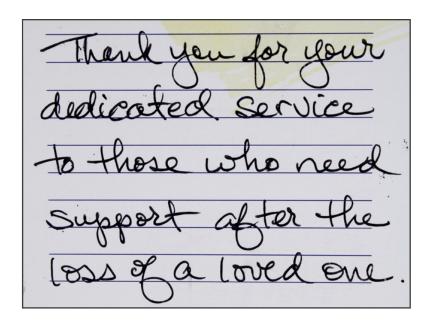
OUR SERVICES ARE FREE ... BUT NOT FREE TO PROVIDE

We are so proud of the work we do at the Christi Center. Our mission is a 24/7 undertaking. To continue offering free and ongoing services to grieving people in Central Texas, we need your support.

Your donation will go directly to support individuals and families after the unimaginable. Our work would not be possible without the help of supportive donors like you.

Please make a donation to offer hope today.

Thank you for being a part of our community and our story.



DONATE

Go to

ChristiCenter.org/donate



Scan



WISH TO DISCUSS YOUR GIFT?

If you are interested in discussing a gift to the Christi Center, adding us to your workplace giving campaign, holding a fundraiser, or including the Christi Center in your estate plan, please contact Jennifer A. Edwards, Executive Director at Jennifer@christicenter.org.

> The Christi Center is a 501(c)3 nonprofit organization serving Central Texas for 35 years. Our tax ID/EIN is 74-2463672. All donations are tax deductible, as allowed by law.







BOARD OF DIRECTORS 2022

Mike Twomey, *President*Theresa Golde, *Vice President*Elliott Hendrix, *Treasurer*Charles Moore, *Secretary*Jeffrey Richard, *Immediate Past President*Don Cox, *Founder*Susan Cox, *Founder*

David Flores
Dianna Groves
Dr. Kevin Hall
Reverend Roy Jones
Kyle McFather
Julio Mendoza-Quiroz
Fred Patrizi, Ph.D.
Maureen Patrizi
Brooks Slaughter

COMMITTEE CHAIRS

Don Cox, *Development*Pascal D. Forgione, Jr., Ph.D. *Nominations*Elliott Hendrix, *Finance*Kathleen McCleskey, *Governance*Mike Twomey, *Evaluation*

STAFF 2023

Jennifer Edwards *Executive Director*

Jocelyn Chamra-Barrera, LCSW Director, Programs and Clinical Services

Erin Spalding, LCSW-S Director, Clinical Education

Cathy Collins

Crime Victim Advocate

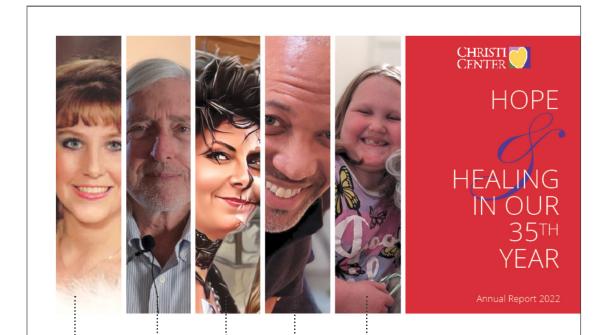
Christi Neville, LPC
Peer Support Coordinator

Heather Stan, LMSW *Children's Program Coordinator*

Deroald Hopkins Operations and Finance Coordinator

James Salas Communications Coordinator

About The Cover



Christi Lanahan

The Christi Center is named after Christi, whose parents founded the Center two years after her death in 1985

More ...

Jim Woodruff

Client and group facilitator

Hear Jim's story

Amy Augustyniak

Supporter at **Día De Los Muertos** parade/ observation

More ...

Harper Wilder

Client at **Kids Who Care** holiday party *See the gallery*

Dee Sanchez

Client Family Member at

Remembrance Event 2022

See the gallery

Contact



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