

Therapy Referral List – Adults

| Name | Phone | E-Mail | Address | Website or Helpful Link | Expertise | Payment | SPECIAL CREDENTIALS |
|---|-----------------------|--|---|---|--|---|---|
| COUNSELING RESOURCES | | | | | | | |
| Cheri Andrews, LPC | 512-550-4700 | cheriandrews@passagestopotential.com | 13740 N Hwy 183, bldg G Ste 2, Austin 78750 | http://www.passagestopotential.com/ | Variety of issues including relationships, trauma, depression, anxiety, grief. | Accepts insurance (BCBS and Cigna) as well as self-pay (\$175) | EMDR, Brain-spotting |
| a New Beginning Counseling (Doran Oatmsn, LCSW-S) | 512-843-0436 | anbcounseling@gmail.com | 4131 Spicewood Springs Rd, Ste N#, Austin 78759 | www.anewbeginningcounseling.com | Grief, trauma, parenting, play therapy, integrative psychotherapy | self-pay \$150-200 | EMDR |
| A Resilient Heart Counseling for Loss (Christi Neville, LPC) | 512-270-6875 | christi@aresilientheart.com | central Austin location and virtual telehealth statewide in Texas | www.aresilientheart.com | Specializes exclusively in Grief/Loss: all forms of death loss, sudden/traumatic loss, anticipatory loss/caregiving/illness, perinatal/birth loss, pet loss, spirituality, mindfulness modalities available. | self-pay with limited sliding scale | EMDR: practice dedicated specifically to grief/loss |
| Austin Center for Grief and Loss | 512-472-7878 | info@austingrief.org | virtual or in-person: 2413 Greenlawn Prkwy, Austin, 78757 | www.austingrief.org | individual grief psychotherapy services, as well as group support; Children, adolescents, and adults served; | insurance accepted, self-pay (\$115) or sliding scale; intake fee | EMDR, play therapy, Spanish speaking available |
| Austin Counseling Specialists (Director Brittany Whallen, LPC-S/LMFT-S) | 512-814-6027 | brittany@atxcounselors.com | 4131 Spicewood Springs rd, Ste M-1, Austin, 78759 | www.atxcounselors.com | Serves individuals, couples, families for a variety of issues. | insurance, self pay (\$125-225), and sliding scale | EMDR, bilingua/Spanish therapist on staff |
| Blue Note Psychotherapy (Emily Harrison, LPC, Jocelyn Chamra Barrera, LCSW; Erin Spalding, LCSW, Jackie Trevio, LMSW) | 512-718-3231 | admin@bluenotepsychotherapy.com | Virtual only | www.bluenotepsychotherapyplc.com | Traumatic loss/complicated grief, chronic illness/pain, cancer & oncology, depression, anxiety, LatinX | Self-pay with sliding scale | SPANISH speaking, EMDR |
| Stacy Bockholt, LPC Associate, LMFT Associate | 512-815-3599 | sbockholt@gmail.com | 1000 Westbank, Ste 6-250, Austin 78746 | www.stacybockholt.com | Adults, adolescents, families, couples served; variety of issues including interest in cancer/oncology, loss | contact for details | |
| Jon Briery, LPC | 512-695-0121 | jon@ionbriery.com | 3613 Williams Dr, 302, Georgetown, TX 78628 | http://www.ionbriery.com/ | Individual, couples, family. Depression/anxiety, marriage/family, addiction/recovery, parenting, grief/loss. | \$135 per session | LCDC, Relapse Prevention |
| Capital Area Counseling *Spanish | 512-302-1000 ext. 100 | info@cacaustin.org | 7703 North Lamar, Ste 500, Austin, TX 78752 | http://www.cacaustin.org/ | Adults, adolescents, children, couples, and families; group therapy also available | Low cost, unlimited sessions, ranging \$15-60, self-pay/no insurance. | Spanish speaking services available |
| Sam Clubb, LCSW | 708-578-2454 | n/a | virtual only in Texas | https://www.psychologytoday.com/us/the | LGBTQ+, depression, anxiety, identity issues, DID, trauma | contact for details | |
| Elaine Cavazos, LCSW-S, PMH-C | 512-817-1157 | inquire@rpcaustin.com | 4022 Menchaca Rd, Austin, Tx 78704 | www.rpcaustin.com | Perinatal, Prenatal, Postpartum; Grief/Loss, Relationships | self-pay (\$185) with sliding scale | Perinatal Mental Health Clinician |
| Aga Crump, LPC | 512-537-4560 | counseling@agacrump.com | virtual | www.agacrump.com | Perinatal loss/postpartum, infertility | call for details | perinatal/postpartum |
| Insight Psychology and Behavioral Health Services | 512-704-8349 | administrator@insightpbhs.com | virtual and in-person; Austin and Pflugerville locations | www.insightpbhs.com | Children, adolescents, adults. Counseling, evaluation/testing, integrative care, parenting classes, services for DFPS, police, veterans. | accepts insurance | master's and doctoral level options |
| Eva Escobedo, LPCi *Spanish | 512-359-9671 | | virtual, and 4807 Spicewood Springs Rd, Austin 78759 | https://justmind.org/austin-counselors/ | Immigration, disenfranchised/ambiguous grief, parenting/family, couples | self-pay (\$180-195) | EMDR: Multilingual (Spanish, French, Italian, Hungarian, English) |
| Dr. Randy Frazier, Ph.D. | 512-861-8948 | rfrazier10@austin.rr.com | 4131 Spicewood Springs Rd., Bldg. G, Suite 5, 78759 | http://randyfrazierphd.com/ | Relationships, depression, anxiety, adolescence, life transitions/grief | call for details | |
| Renee Bradford Garcia, LCSW-S | 512-965-0748 | renee@garciareneeb.com | 1100 Round Rock Ave, #111, Round Rock 79681 | www.garciareneeb.com | All ages. Traumatic grief for any type of loss; depression, anxiety, life transitions | self-pay (\$145), insurance for Seton/Ascension employees | EMDR, Somatic Experiencing |

| | | | | | | | |
|--|--|--|---|--|---|---|---|
| Good Mourning Counseling (owner Lauren Gaspar, LCSW-S, and associates) | 512-296-7258 | lauren@goodmourningcounseling.com | virtual telehealth, or in-person (north, south, and central Austin locations) | http://www.goodmourningcounseling.com/ | children 3+, adolescents, adults. Complex trauma (physical &/or sexual abuse, sxl abuse evaluation, divorce, grief/loss with extensive experience in suicide and mass casualties; medical PTSD, behavioral disorders in children. | self-pay/\$225 session | Play and Sand Tray therapy, EMDR |
| Dr. Shelley Graham, Ph.D., LPC-S, LSOTP-S | 512-619-4966 | | 8307 Shoal Creek Blvd., 78757 | http://shoalcreekcounseling.com/about/graham/ | Offender work, victim issues; Certified Trainer for Static/Stable/Acute Risk Assessment | | |
| Northwest Counseling and Wellness Center | 512-250-WELL | info@ncwcaustin.com | 12335 Hyemeadow Dr., Suite 300, 78750 | www.ncwcaustin.com | Mental health and Substance Abuse recovery through non-traditional/integrative methods including acupuncture, qi-gong, meditation. IOP (intensive Outpatient Program) as well as individual counseling. | Insurance accepted. | |
| Allyson Jervey, LCSW | 512-663-5870 | allyson@allysonjervey.com | 3613 Williams Dr, # 302, Georgetown, TX 78628 | http://www.allysonjervey.com/ | Adults, children, adolescents, couples, & families. Depression/anxiety, parenting, grief, marriage, play therapy, attachment | private pay | |
| Awa Jhanga, PhD, LPC-S, ATR-BC | 512-815-3636 | awa@artandspiritcounseling.com | virtual only | www.artandspiritcounseling.com | Adults: grief, spirituality, racial identity, art therapy, life transitions | Private pay/sliding scale | Art therapist; Multicultural |
| J. Worth Kilcrease, LPC, FT | 512-658-2674 | worth@kilcrease.com | 4833 Spicewood Springs Rd., Suite 101, 78759 | https://www.kilcrease.com/ | End-of-life, bereavement, with emphasis on loss of child, perinatal loss, ALS | Sliding scale; no insurance | |
| Psychotherapy Associates (Director K.H. Kim, LCSW) ***Korean speaking | 512-750-5098 | khkim@psychotherapyassociatesrr.com | Multiple locations in Austin metro area, Dallas, and San Antonio | www.psychotherapyassociatesrr.com | Variety of issues for all ages, including specialties in pediatric issues. EAP, court, and CPS-ordered services, psychological evals. | Accepts many different insurance plans (see website for complete list) | Korean speaking |
| Dr. Pam Malone, LCSW-S | 512-444-8889 | drpammalone@icloud.com | virtual only | lossandgrieftherapy.com | adolescents, adults, couples, families; loss, life transitions, depression/anxiety. | | Fellow in Thanatology |
| Kimberley Mead, LPC-S | 512-789-6125 | kmeadcounseling@gmail.com | 2525 Wallingwood Dr., Bldg 12, Austin, 78746 | kmeadcounseling.com | Complicated grief/traumatic loss. (survivors of suicide, child loss, parent loss, pet loss, divorce) Relationships, anxiety, boundaries. | private pay | 50% practice death loss, 20% adoption, 30% childhood trauma. EMDR, NARM |
| Elaine Miller, LPC | 512-627-6894 | elaine@elainemillercounseling.com | Cedar Park, TX | www.elainemillercounseling.com | anxiety, depression, grief, loss, relationships | BCBS and private pay | EMDR |
| Brad Mason, LPC | 512-636-6250 | please call for intake | 809 S. Elm, Georgetown, 78626 | http://www.bradmasoncounselor.com/ | Serves children and adults, with specialty in childhood issues such as aspergers, autism, ADHD, gifted, ODD, videogame addiction, and other pediatric issues. | Insurance and self-pay | |
| Sol Community Counseling **Spanish speaking available | 512-366-0954 | please call for intake | 13805 Ann Place, Austin, TX 78728 | www.solcommunitycounseling.org | variety of issues | affordable counseling, contact for details | |
| St. Edward's Community Counseling Clinic | 512-428-1242 | counseling@stedwards.edu | East Hall on campus, 3001 S. Congress Ave, Austin, TX 78704 | www.stedwards.edu/communityclinic | student interns providing low-cost in-person and virtual counseling to community - individuals, couples, or families in community. Variety of issues/not specific to grief. | Low cost self-pay (\$15-20) | |
| Waterloo Counseling *Spanish | 512-444-9922 | info@waterloocounseling.org | 314 E Highland Mall Blvd. Suite 301, 78752 | http://www.waterloocounseling.org/ | Specialty LGBTQIA, HIV. Serves individual, couples, families through therapy, and groups. | Sliding scale available, as well as self-pay and some insurances | *Multilingual |
| YWCA of Greater Austin *Spanish/Bilingual English | 512-326-1222 Warmline: 512-548-YWCA | info@ywcaustin.org | 2015 South IH 35, Suite 110, 78741 | www.ywcaustin.org/counselingandreferralcenter | All ages, variety of issues served through counseling, free online support groups, and other support services. | Low cost/no cost counseling based on criteria; Medicaid, Medicare, some insurance, as well as self-pay accepted | Spanish/Bilingual available |

| | | | | | | |
|--|--------------|--|--|--|--|--|
| CRISIS/ACUTE CARE RESOURCES: | | | | | | |
| Suicide and Crisis Hotline | 988 | | | | | |
| Integral Care Psychiatric Emergency Services | 512-472-4357 | | | | | |
| Dell Seton @ UT Psychiatric Emergency | 512-324-7000 | | | | | |