

Therapy Referral List (Adults)

Name	Phone	E-Mail	Address	Website or Helpful Link	Expertise	Payment	Special Credential
Cheri Andrews, LPC	512-550-4700	cheriandrews@passagestopotential.com	13740 N Hwy 183, bldg. G Ste 2, Austin 78750	http://www.passagestopotential.com/	Variety of issues including relationships, trauma, depression, anxiety, grief	Accepts insurance (BCBS and Cigna) as well as self-pay (\$175)	EMDR, Brain-spotting
A New Beginning Counseling (Doran Oatman, LCSW-S)	512-843-0436	anbcounseling@gmail.com	4131 Spicewood Springs Rd, Ste N Austin 78759	www.anewbeginningcounseling.com	Grief, trauma, parenting, play therapy, integrative psychotherapy	self-pay \$150-200	EMDR
A Resilient Heart Counseling for Loss (Christi Neville, LPC)	512-270-6875	christi@aresilientheart.com	central Austin location and virtual telehealth statewide in Texas	www.aresilientheart.com	Specializes exclusively in Grief/Loss, including all forms of death loss, anticipatory loss/caregiving/illness, pregnancy loss, sudden traumatic loss, life transitions, spirituality. Integrative/mindfulness modalities.	self-pay with limited sliding scale	EMDR; 25 years' experience with grief/loss; trained in perinatal/pregnancy loss
Austin Center for Grief and Loss	512-472-7878	info@austingrief.org	virtual or in-person: 2413 Greenlawn Pkwy, Austin, 78757	www.austingrief.org	individual grief psychotherapy services, as well as group support; Children, adolescents, and adults	insurance accepted, self-pay (\$115) or sliding scale; intake fee	EMDR, play therapy, Spanish speaking available
Austin Counseling Specialists (Director Brittany Whallen, LPC-S/LMFT-S)	512-814-6027	brittany@atxcounselors.com	4131 Spicewood Springs Rd, Ste M-1, Austin, 78759	www.atxcounselors.com	Serves individuals, couples, families for a variety of issues.	insurance, self-pay (\$125-225), and sliding scale	EMDR, bilingual/Spanish therapist on staff
Blue Note Psychotherapy (Emily Harrison, LPC, Jocelyn Chamra Barrera, LCSW; Erin Spalding, LCSW, Jackie Trevino, LMSW, Katie Mozier, LPC-Intern)	512-718-3231	admin@bluenotepsychotherapy.com	Virtual only	www.bluenotepsychotherapypllc.com	Traumatic loss/complicated grief, chronic illness/pain, cancer & oncology, depression, anxiety, LatinX	Self-pay with sliding scale	SPANISH speaking , EMDR

Stacy Bockholt, LPC Associate, LMFT Associate	512-815-3599	sbockholt@gmail.com	1000 Westbank, Ste 6-250, Austin 78746	www.stacybockholt.com	Adults, adolescents, families, couples served; variety of issues including interest in cancer/oncology, loss	contact for details	
Jon Briery, LPC	512-695-0121	jon@jonbriery.com	3613 Williams Dr, 302, Georgetown, TX 78628	http://www.jonbriery.com/	Individual, couples, family. Depression/anxiety, marriage/family, addiction/recovery, parenting, grief/loss.	\$135 per session	LCDC, Relapse Prevention
Laura Babineaux LPC		laurababineau@protonmail.com	virtual only	n/a	Grief, loss, and trauma. Serves adults (individuals and couples)	Self-pay	EMDR trained
Natalie Collazo, LPC-Associate (supervised by Katelyn Williams LPC-S)	512-738-8286	natalie@archwayhealing.com	7700 Hwy 71, suite 170, Austin, Tx 78735	www.archwayhealing.com	Loss, depression, anxiety, bipolar, shame, trauma	sliding scale available	children, teens adults. Eidetic Imagery training Level 1
Capital Area Counseling	512-302-1000 ext. 100	info@cacaustin.org	7703 North Lamar, Ste 500, Austin, TX 78752	http://www.cacaustin.org/	Adults, adolescents, children, couples, and families; group therapy also available	Low cost, unlimited sessions, ranging \$15-60, self-pay/no insurance.	Spanish speaking services available
Elaine Cavazos, LCSW-S, PMH-C	512-817-1157	inquire@rpcaustin.com	4022 Menchaca Rd, Austin, Tx 78704	www.rpcaustin.com	Perinatal, Prenatal, Postpartum; Grief/Loss, Relationships	self-pay (\$185) with sliding scale	Perinatal Mental Health Clinician
Insight Psychology and Behavioral Health Services	512-704-8349	administrator@insightpbhs.com	virtual and in-person; Austin and Pflugerville locations	www.insightpbhs.com	Children, adolescents, adults. Counseling, evaluation/testing, integrative care, parenting classes, services for DFPS, police, veterans.	accepts insurance	master's and doctoral level options
Aga Crump, LPC	512-537-4560	counseling@agacrump.com	virtual	www.agacrump.com	Perinatal loss, postpartum, infertility, parenting	self-pay	
Eva Escobedo, LPC-Intern	512-573-2845	scc.eescobedo@gmail.com	3625 Manchaca Rd., 78704	http://therapistaustin.com/Sol/?page_id=171			Spanish-speaking
Dr. Randy Frazier, Ph.D.	512-342-8950	rfrazier10@austin.rr.com	4131 Spicewood Springs Rd., Bldg. G, Suite 5, 78759	http://randyfrazierphd.com/	Grief, anxiety, depression. Individual, family, groups	Individual/couples 50 min. @ \$150, Group 90 min. @ \$50; BCBS, Medicare	
Renee Bradford Garcia, LCSW-S	512-965-0748	renee@garciarenee.com	1100 Round Rock Ave, #111, Round Rock 79681	www.garciarenee.com	All ages. Traumatic grief for any type of loss; depression, anxiety, life transitions	self-pay (\$145), insurance for Seton/Ascension employees	EMDR, Somatic Experiencing
Good Mourning Counseling (owner Lauren Gaspar, LCSW-S, and associates)	512-296-7258	lauren@goodmourningcounseling.com	virtual telehealth, or in-person (north, south, and central Austin locations)	http://www.goodmourningcounseling.com/	children 3+, adolescents, adults. Complex trauma (physical &/or sexual abuse, sexual abuse evaluation, divorce, grief/loss with extensive experience in suicide and mass casualties; medical PTSD, behavioral disorders in children.	self-pay/\$225 session	Play and Sand Tray therapy, EMDR

Dr. Shelley Graham, Ph.D., LPC-S, LSOTP-S	512-619-4966	-	8307 Shoal Creek Blvd., 78757	http://shoalcreekcounseling.com/about/graham/	Offender work, victim issues; Certified Trainer for Static/Stable/Acute Risk Assessment		
Denise Hall, MN, RN, CS, RPT-S	512-739-5799		19008 Blair Castle Ct., 78660	http://www.healthgrades.com/provider/denise-hall-2hrqf	Grief Therapy, Children, Adolescents; Play Therapy *Experienced loss of parent as a child	Aetna, CIGNA	
Northwest Counseling and Wellness Center	512-250-WELL	info@ncwcaustin.com	12335 Hymeadow Dr., Suite 300, 78750	www.ncwcaustin.com	Mental health and Substance Abuse recovery through non-traditional/integrative methods including acupuncture, qigong, meditation. IOP (intensive Outpatient Program)	Insurance accepted.	
Allyson Jervey, LCSW	512-663-5870	allyson@allysonjervey.com	3613 William-s Dr # 302, Georgetown, TX 78628	http://www.allysonjervey.com/	Adults, children, adolescents, couples, & families. Depression/anxiety, parenting, grief, marriage, play therapy, attachment	private pay	
Awa Jhanga, PhD, LPC-S, ATR-BC	512-815-3636	awa@artandspiritcounseling.com	virtual only	www.artandspiritcounseling.com	Adults: grief, spirituality, racial identity, art therapy, life transitions	Private pay/sliding scale	Art therapist; Multicultural
J. Worth Kilcrease, LPC, FT	512-658-2674	worth@kilcrease.com	4833 Spicewood Springs Rd., Suite 101, 78759	https://www.kilcrease.com/	End-of-life, bereavement, with emphasis on loss of child, perinatal loss, ALS	Sliding scale; no insurance	
Psychotherapy Associates (Director K.H. Kim, LCSW)	512-750-5098	khkim@psychotherapyassociatesrr.com	Multiple locations in Austin metro area, Dallas, and San Antonio	www.psychotherapyassociatesrr.com	Variety of issues for all ages, including specialties in pediatric issues. EAP, court, and CPS-ordered services, psychological evals.	Accepts many different insurance plans (see website for complete list)	Korean speaking
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Dr. Pam Malone, LCSW-S	512-444-8889	drpammalone@icloud.com	virtual only	lossandgrieftherapy.com	adolescents, adults, couples, families; loss, life transitions, depression/anxiety.		Fellow in Thanatology
Kimberley Mead, LPC-S	512-789-6125	kmeadcounseling@gmail.com	2525 Wallingwood Dr., Bldg 12, Austin, 78746	kmeadcounseling.com	Complicated grief/traumatic loss. (survivors of suicide, child loss, parent loss, pet loss, divorce) Relationships, anxiety, boundaries.	private pay	50% practice death loss, 20% adoption, 30% childhood trauma. EMDR, NARM
Elaine Miller, LPC	512-627-6894	elaine@elainemillercounseling.com	Cedar Park, TX	www.elainemillercounseling.com	anxiety, depression, grief, loss, relationships	BCBS and private pay	EMDR

Brad Mason, LPC	512-636-6250	please call for intake	809 S. Elm, Georgetown, 78626	http://www.bradmasoncounselor.com/	Serves children and adults, with specialty in childhood issues such as Aspergers, autism, ADHD, gifted, ODD, videogame addiction, and other pediatric issues.	Insurance and self-pay	
Dr. Jim McVey, Ph.D.	512-567-4840	drjm01@austin.rr.com	10111 Golden Meadow Dr. Suite D, 78758	http://www.alltherapist.com/dr-james-m-mcvey.html	Anxiety, Panic disorders, Trauma, Depression, Family, Teens, Couples	Aetna, BCBS Texas, BCBS, CIGNA, GEHA, Humana, Mail Handlers Benefit Plan, Medicare, MultiPlan, United Health	
Summer Sahd, LPC	512-387-1959	hello@summersahdcounseling.com	virtual	www.summersahdcounseling.com	Life transitions, grief/loss, depression/anxiety, career, cultural identity; adult services only	self-pay; \$125/185 per session	
Deborah L. Reyna, LCSW	Beacon Health Strategies 512-343-8606; 512-447-9500	dreyna@cs.com	1524 S IH 35 Suite 210, 78704; 2121 S. Lamar Blvd., 78704	http://setonhealthplan.com/provider_search/star/provider/deborah_reyna_lcsw	Certified Quantum Touch Practitioner, Reiki		
Sol Community Counseling	512-366-0954	-	13805 Ann Place, Austin, TX 78728	www.solcommunitycounseling.org	variety of issues	affordable counseling, contact for details	Spanish speaking available
St. Edward's Community Counseling Clinic	512-428-1242	counseling@stedwards.edu	East Hall on campus, 3001 S. Congress Ave, Austin, TX 78704	www.stedwards.edu/communityclinic	student interns providing low-cost in-person and virtual counseling to community - individuals, couples, or families in community. Variety of issues/not specific to grief.	Low cost self-pay (\$15-20)	
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Waterloo Counseling	512-444-9922	info@waterloocounseling.org	314 E Highland Mall Blvd. Suite 301, 78752	http://www.waterloocounseling.org/	Specialty LGBTQIA, HIV. Serves individual, couples, families through therapy, and groups.	Sliding scale available, as well as self-pay and some insurances	*Multilingual
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